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AB Roller Plus Rock'n Roll Ab Workout Concord Chase Inc. (1995) (USA) (VHS) Additional Details. Parents Guide: Add content advisory for parents. Runtime: 15 min .

<http://www.imdb.com/title/tt0468638/combined>

AB Roller Plus Rock N Roll Workout and Superset Advanced DVD Video Details about the ab roller plus. More images: Years picture: 1932; 1900 Other photos.

<http://350sav.fotomaps.ru/ab-roller-plus.php>

Das Image der Marke AB ROLLER PLUS. Lesen Sie Bewertungen, Nachrichten und hnliche Themen wie "AB Roller Plus: Abdominal Exercisers". Entdecken Sie Facebook

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AB Roller Plus: Rock 'n Roll Ab Workout (Tape only, machine is not included) Venture Aerobic Productions, 1995. The Firm Cross Trainers - The Hare [VHS]

<http://crosstrainersgear.blogspot.com/>

I have had the Ab Roller Plus since it came out. This is one piece of equipment that is easy to use, if used according to the instructions and it is very effective.

<http://www.amazon.com/Ab-Roller-Plus-Rock-Workout/dp/B000QX1SUC>

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