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Exercise | University of Maryland Medical Center -

Lumbar Extension Strength Training: Exercises called lumbar extension strength training are proving to be effective. Generally,

http://umm.edu/health/medical/reports/articles/exercise

Exercise after stroke handbook: evidence-based -

Exercise after stroke handbook: evidence-based practice. Carolyn Greig --Evidence for exercise and fitness training after stroke / Dave Saunders and Gillian

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Selected Publications | Institute for Applied -

Living with Stroke; Selected Publications; Exercise and fitness training after stroke: a handbook for evidence-based practice.

http://www.gcu.ac.uk/iahr/researchthemesandareas/long-

termconditions/livingwithstroke/selectedpublications/

Exercise in stroke reading list - 2013 - World -

(2013), Exercise in stroke eds. Exercise and Fitness Training after Stroke. A Handbook for Evidence Based Practice.

http://onlinelibrary.wiley.com/doi/10.1002/wsa2.20006/references

bol.com | Exercise and Fitness Training After -

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http://medbook.com.pl/ksiazka/pokaz/id/51130/tytul/exercise-and-fitness-training-after-stroke-mead-van-wijck-churchill-livingstone

Books - Physical Therapy - LibGuides at New York -

Physical Therapy: Books. This guide Exercise and Fitness Training After Stroke: a handbook for evidence-based practice. Elsevier, c2013. Hall,, G. M.

http://libguides.nyit.edu/c.php?g=61859&p=398735

Physical exercise - Wikipedia, the free -

Physical exercise is any bodily activity that enhances or maintains physical fitness and overall health and wellness. (strength training).

http://en.wikipedia.org/wiki/Physical exercise

Physical Activity and Exercise After Stroke -

Physical activity after stroke: Exercise and Fitness Training After Stroke: A Handbook for Evidence-Based Practice.

http://stroke.ahajournals.org/content/45/12/3742.full

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Ottawa Panel Evidence-Based Clinical Practice Guidelines and stroke. For this study, the Ottawa Panel pool-based fitness exercise

http://ptjournal.apta.org/content/88/7/857.long

How Common Medications May Affect Your Clients -

ACE Certification Handbook; Based Exercise; ACE Integrated Fitness Training exercise performance and health outcomes through evidence-based practice,

http://www.acefitness.org/certifiednewsarticle/3296/how-common-medications-may-affect-your-clients

Intense Strength Training Workouts - Mercola.com -

Sugar and Fruit Juice: Two Foods You Should Never, Ever Eat After Exercise http://fitness.mercola.com/sites/fitness/archive/2010/07/27/the-growing-promise-of-shorter-more-intense-strength-training-workouts.aspx

About.com Exercise - Exercise and Weight Loss Advice - Cardio -

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Strength training exercises - myDr.com.au -

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http://www.mydr.com.au/sports-fitness/strength-training-exercises

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Exercise and Fitness Training After Stroke. a handbook for evidence-based practice. Edited by Gillian E Foundations for exercise and fitness training after stroke. 4.

http://www.elsevierhealth.com.au/au/product/toc.jsp?isbn=9780702043383

Impact case study (REF3b) Institution: The -

(2012) Exercise after stroke: a handbook for evidence-based practice. 5.9 Exercise and Fitness Training after Stroke course delivered by

http://results.ref.ac.uk/DownloadFile/ImpactCaseStudy/pdf?caseStudyId=24004

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Physical Therapy - Elsevier -

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Fitness & Exercise Guide - WebMD -

Fitness After Injury; Exercises for Everyday Living; Learn to Tone Your Torso; Olympic Training Tips: Sprinter; Strength Training; Cycling / Biking; Heat Stroke http://www.webmd.com/sitemap/fitness--exercise

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http://www.acefitness.org/acefit/fitness-fact-article/2596/exercise-and-menopause/