

# **Swim Speed Secrets: Master The Freestyle Technique Used By The World's Fastest Swimmers (Swim Speed Series) [Kindle Edition] By Sheila Taormina**

**By Sheila Taormina**

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<http://swimspeedsecrets.com/2014/08/27/master-elite-swimming-technique-with-swim-speed-strokes/>

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by Sheila Taormina. In Swim Speed Secrets, Master the Freestyle Technique Used by the World's Fastest Swimmers (Swim Speed Series)

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